

Butler County Board of Mental Retardation and Developmental Disabilities

Opportunities & Activities Available for Participants of Our Programs

LEISURE/RECREATION

Leisure/Recreation activities make up an important part of everyone's life. People with developmental disabilities enjoy these activities too. An outing with a Recreation/Leisure Coach would consist of an activity of the participant's choice, along with transportation.

Our Coordinator of Community Integration is available to help you access the community that you live in and point you in the right direction.

For more information contact:

Connie Mehlman
Coordinator of Community Integration
513-867-5923

JOB CLUB

Job Club provides individuals with opportunities to increase their social independence by providing age appropriate activities within the community. You must be enrolled in MRDD's Adult Programs and be able to pay your own way.

For more information contact:

Becky Schroeder
Job Club Facilitator
513-867-5920, ext. 217

YMCA PROGRAMS

GYM: Mornings are available to do whatever the consumer is interested in or needs. The afternoons are organized team sports.

AEROBICS ROOM: There are three classes each week. Monday is Stretch and Flex, Wednesday is Low Impact Aerobics, and Friday is Chair Aerobics for those individuals that cannot stand unsupported for long periods of time.

TEEN ROOM: Is a quiet room which has Air Hockey, full size pool table, Foosball Game, large screen TV and video equipment.

SWIMMING POOLS: The "Y" has two swimming pools. One is a 25 yard recreation pool where you can swim laps for exercise. The second pool is a warm water therapy pool with a waterslide. This is the pool that is used the most to walk, play games, slide, exercise, and just relax.

For more information contact:

Ron Ganslein
Recreation/Therapy Coordinator
513-867-5993

FRIENDSHIP CLUB

A number of organizations are interested in helping people with disabilities get out in the community. Friendship Club is one organization that helps individuals 18 years of age and older enjoy socialization integrated in the community. The club is a fun way to meet new people and experience life to the fullest. Activities include: dancing, sight seeing, overnights and other functions in the community.

For more information contact:

Betty Dostie – 513-779-4691 or
Doris Hall – 513-860-2309

THERAPEUTIC RECREATION

This is a non-profit, all volunteer organization which helps establish, provide, and facilitate recreational opportunities and leisure time for people of all ages with handicapping conditions. Some activities include: dances, softball, swimming, skiing, golf, and much more.

For more information contact:

Therapeutic Recreation
c/o Metroparks of Butler County
2051 Timberman Road
Hamilton, Ohio 45013
513-867-5835

SPECIAL OLYMPICS

The Special Olympics program provides athletic training and competition for persons with disabilities in an organized setting. Butler County offers services in the following areas: basketball, bowling, field & track, swimming, roller skating, and golf. Participants must be 8 years of age or older and have a developmental disability. Medical registration is required and there is no cost to athletes.

For more information contact:

Susan Mayberry
Butler County Special Olympics Coordinator
1867 Spring Grove Lane
Middletown, Ohio 45044
513-423-4553 (work) or
513-424-6794 (home)

Visit our website at:
www.butlermrdd.org

OPPORTUNITIES & ACTIVITIES FOR PARENTS/GUARDIANS

Butler County ARC

An advocacy group of family members and friends committed to improving opportunities for persons with developmental disabilities of all ages.

The ARC sponsors three annual events during the year: a membership dinner in May, a picnic and hayride in September, and a holiday dinner dance in December. The ARC supports and/or sponsors educational programs, a drama club, a chorus group, a band, softball leagues, and recreational trips.

For more information contact:

Butler County Arc
282 North Fair Ave.
Hamilton, Ohio 45014
513- 863-3537

Volunteers

Volunteers are needed to provide the means for each individual with developmental disabilities to realize his or her potential. The agency utilizes volunteers to supplement the efforts of paid staff and to provide the extras which enhance all our lives.

As a volunteer, your first contact will be through the Community Resource Coordinator who will process your application, conduct your initial interview, and refer you to the program which best meets your needs as a volunteer. You will be provided with an orientation to the agency and on-going training opportunities throughout your volunteer experience.

For more information contact:

Cathy Howell
513-867-5962, ext. 22

Hamilton Center Advocacy Group

Members include parents, family members, and staff of individuals who attend Hamilton Center.

The group sponsors many activities throughout the year which include dances, holiday celebrations, a holiday boutique, field trips, and community outings. Dances held at Hamilton Center always include an open invitation for everyone to enjoy the food, fun, and entertainment.

For more information contact

Hamilton Center
513-867-5970

Liberty Center Advocates, Inc.

Members include parents, family members, and staff of individuals who attend Liberty Center.

The group sponsors many activities throughout the year which include parties, Liberty Day, a holiday boutique, craft sale, and appreciation luncheons for staff.

For more information contact:

Liberty Center
513-867-5977

Middletown Center Advocacy Group

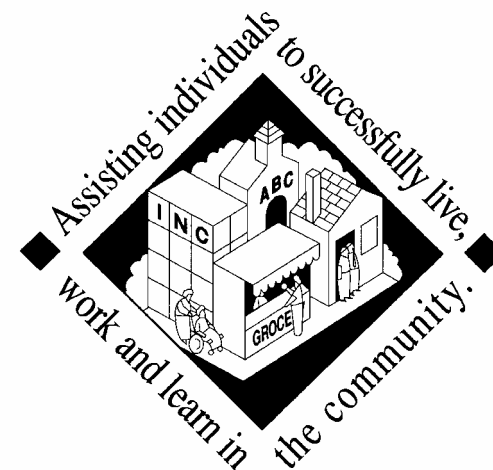
Members include parents, family members, and staff of individuals who attend Middletown Center activities.

The group sponsors fundraisers throughout the year to help defray the costs of parties and holiday celebrations hosted at the center. Fundraisers include an annual rummage sale and a holiday boutique.

For more information contact:

Middletown Center
513-425-8728

OPPORTUNITIES & ACTIVITIES



**BUTLER
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SERVING BUTLER COUNTY SINCE 1967